



Basic Life Support (BLS)

Description

This course can be for clinical or non-clinical staff working for the NHS or private Health Care Organisations to receive updates on the latest guidelines from the Resuscitation Council UK and prove competent in BLS. It can also be taken as an introduction to first aid for lay persons.

This course can also be used for qualified First Aid at Work personnel or Responders, as a skills refresher between FAAW or EFAW revalidation courses.

Course Content

- Priorities of Treatment
- Chain of survival
- CPR
- Adult Choking Procedure
- Recovery Position

Course Requirements

There is no requirement to hold a first aid certificate to take this course, however it is not a substitute for an EFAW or FAAW course.

Course Duration

2 hours

Course Costs

£25 per person / min 5 persons on a course – maximum of 12. Prices are based around onsite training, external facilities can be arranged at extra cost.

Certification

All candidates will receive a certificate of competence from the Instructor/Assessor which is valid for 1 year.